

<b>Samples</b>	<b>Hours of exercise</b>	<b>Hours of sleep</b>	<b>Nationality</b>
1	2.5	8	Other
2	2.5	7	Other
3	12	4	UK
4	9	6	UK
5	5	8	UK
6	8.5	8	EU
7	12	8	UK
8	9	8	EU
9	1.5	7.5	UK
10	4	9	Other
11	1	9	EU
12	3	9	UK
13	4	10	EU
14	6	5.5	UK
15	2	7	UK
16	5	11	Other
17	5	6	UK
18	4	8	UK
19	13	3	UK
20	2	6	EU
21	0	7	EU
22	5	6	Other
23	5	5	UK
24	2.5	7	EU
25	7	7	EU
26	4	4.5	EU
27	8	10	UK
28	7	5	UK
29	4	5	EU
30	5	8	EU
31	10	8.5	UK
32	0	9	UK
33	2	6	UK
34	3	9	UK
35	7	9	UK
36	8	8	EU
37	4	9	Other
38	4	9	Other
39	0	10	EU
40	4	7	UK
41	0	8	Other
42	2	6	EU
43	6	8	Other
44	2	6	EU
45	4	9	EU
46	1	4	EU
47	11	7.5	Other
48	1	6	UK
49	2	7	EU
50	1	6	UK
51	2	9	UK
52	6	8	UK
53	1.5	8.5	UK
54	1	6	UK
55	7	8	Other
56	0	6	UK
57	18	7	UK
58	4	3	UK
59	5	8	UK
60	5	5	EU
61	10	5	UK
62	12	6.5	Other
63	3	10	Other
64	3	6	Other