# Designing for Metacognition— Applying Cognitive Tutor Principles to the Tutoring of help Seeking

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# **Metacognition: "Thinking about thinking"**

Can teaching metacognition make students become better learners in general?

Two approaches:

- Theoretical (Expanding the principles on cognitive tutoring)
- Practical (Performed studies using "Help Tutor")

| 0         | O O Scenario  | YOOO iroll iroll's skills  |  |
|-----------|---|--|--|
| scenario# | The fuel tank of an automobile has a capacity of 12 gallons. The fuel gauge is shown here. As the indicator moves from the empty position to the full position, it sweeps a 120 degree angle. | I. Washing with angles that form a line  |  |
| Se        | OOO SHint   | 1 Angles / 2 Angles / Fuel   |  |
|           | No need to hurry so much. Take your time and read the hint carefully.   | Glossary   |  |
|           | Consider trying to solve this step without another hint. You should be able to.   | Search for circle<br>You see 3 out of 46 items   |  |
|           | 1. If the indicator sweeps 30 degrees, how many gallons of gasoline have been added to the fuel tank?     angle 30 Reason Given   | Circle Circumference<br>Circle radius / diameter   |  |
|           | gas 3 Reason  | The circumference C of a circle is equal to<br>times the diameter d, or $\pi$ times twice the radius<br>r.<br>C = d * $\pi$ = 2r * $\pi$ . |  |
|           | many degrees will the indicator sweep? angle Reason gas · Reason  | Example:<br>In Circle O,<br>the radius $OA = 5$ .<br>The circumference<br>of circle<br>= (2 * 5) * 3.14<br>= 10 * 3.14                     |  |
|           | tan)  | Show All   |  |

| Study | Goal   | Methodology                                  | Main findings   | Further details         |
|-------|--|--|---|-------------------------|
| 1     | Design the help-seeking<br>model   | Log-file analysis                            | 73% of students' actions<br>were classified as different<br>types of help-seeking errors.<br>These errors were<br>significantly negatively<br>correlated with learning<br>(p=-0.65, p<0.0005) | (Aleven et<br>al. 2006) |
| 2     | Evaluate the model across domains and cohorts  | Log-file analysis                            | Students' errors in two<br>different Cognitive Tutors<br>were highly correlated<br>(r=0.89, p<0.01)   | (Roll et<br>al. 2005)   |
| 3     | Implement and pilot the Help Tutor   | Pilot  | Students improved the<br>help-seeking behavior while<br>working with the tutor  | (Aleven et al. 2005)    |
| 4     | Evaluate the Help Tutor  | Randomized<br>experiment with<br>60 students | Students improved several<br>aspects of their<br>help-seeking behavior.<br>No improved learning<br>at the domain level<br>was observed  | (Roll et<br>al. 2006)   |
| 5     | Evaluate the combination<br>of the Help Tutor,<br>preparatory Self-assessment<br>sessions, and help-seeking<br>classroom instruction | Experiment with<br>80 students               | Under analysis  | (Roll et<br>al. 2007)   |

 Table 1 Evaluation studies of the Help Tutor

## **Design Principles for Metacognition**

#### Existing Problems: •

Solutions:

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- support productive metacognitive behavior; not teach or improve learning skills
  - ITS supports metacognition learning by describing methods for modelling it
  - fewer guidelines regarding to pedagogical and interactive aspects for it
- empirically-based design principles for metacognitive tutoring (experience with the Help Tutor and Anderson et al's principles)

*Goals:* design of learning objectives for ITS (what)

*interaction:* design of instructional means, interaction style and pedagogy (how)

declarative, procedural and dispositional goals (new) Assessment: evaluation of metacognition tutoring

- support metacognition the whole process (new)
- communicate goals (new)
- attach a price tag to metacognition error

## Comments

## Positives:

- Format
- Long introduction explaining the key terminology:
  - Cognitive vs. Metacognitive
  - Cognitive Tutors
  - Help Tuttor
- The proposed changes are discussed under each design priciple.

### Negatives:

- Some aspects are still very technical (Log-files, Production rules)
- Very specific → Not an introduction to the whole subject
- Work in Progress → Confusing for nonexpersts

Student Background  $\rightarrow$  Weak Accept/Neutral

# Thank you!